## ABSTRACT OF THE DISCLOSURE

The invention includes methods of forming material on a substrate and methods of forming а field effect transistor gate oxide. implementation, a first species monolayer is chemisorbed onto a substrate within a chamber from a gaseous first precursor. The first species monolayer is discontinuously formed over the substrate. The substrate having the discontinuous first species monolayer is exposed to a gaseous second precursor different from the first precursor effective to react with the first species to form a second species monolayer, and effective to form a reaction seems product of the second precursor with substrate material not covered by the first species monolayer. The substrate having the second species monolayer and the reaction products is exposed to a third gaseous substance different to the from the first and second precursors effective to selectively remove the reaction product from the substrate relative to the second species monolayer. Other implementations are contemplated.